

# VETHATHIRI MAHARISHI'S LIFE AND PHILOSOPHY: A STUDY

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**Abstract:** Man is a supreme being on the earth. But man is unable to live a full-fledged life, since he has a feeling of insecurity on this world. The present life style is a result of the development of science and technology. Present day life style is much oriented towards the materialistic world. Man is facing many problems where he is unable to find permanent solutions for them in the fast moving days. He has no time to sit and think of the problems also. So there is an urgent need for the great people to give practical solutions for the existing problems. Vethathiri Maharishi's life and his teachings offer a holistic way of life to understand the self and the world. By reading this paper certainly one will understand how Maharishi has understood the individual law, social law and the Divine law to prescribe a prosperous way of life without harming the existing set up of the society.

**Keywords:** Vethathiri Maharishi, Social and Moral philosophy, Revelations, Illumined Masters, Logical Solutions.

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## 1. INTRODUCTION

The World on which we are living is a wonderful one filled with all resources sufficient enough for all the living beings living on the earth. But the so called Supreme Being man, due to his ignorance and selfish ideas wants everything to be kept in his own pocket. This idea is totally destroying all the resources on the earth.

It is the need of the hour to understand the self, the origin and function of the self. It is not an easy task. So we need great persons who can make us understand these phenomena. One such person is our beloved master His Holiness Sri Yogiraj Vethathiri Maharishi, the realized soul. This paper deals in brief the history of Vethathiri Maharishi, the way he understood the society, the problems existing in the society and the logical solutions prescribed by him.

**The paper explores some of the philosophies of Vethathiri Maharishi like the below:**

Vethathiri Maharishi's early life and Spiritual search

Beginning of World mission

Significance of Vethathiri Maharishi

Social and Moral philosophy

Vethathiri Maharishi's logical solutions for the problems of humanity

In this millennium since the birth of Guru Vethathiri Maharishi, this beloved world citizen, a universal teacher has come to be known as one of the greatest Philosopher in India. His life and teachings are a rich source of light, encouragement and inspiration to the people of all creed and community.

Vethathiri Maharishi was born on August 14, 1911, in Guduvancheri, Chennai, India, into a devout and poor weaver's family in Mudaliars community. From his earliest years, it was evident to their parents that the depth of his awar eness and intellect was far beyond the ordinary.

Both his parents Mr.Varadappa Mudaliar and Mrs.Chinammal were theist, When Vethathiri was an infant in his mother's arms, A religious person blessed him and foretold: "Oh mother, thy son will be a yogi who will explain the highest truth of the Vedas to the world"

## 2. VETHATHIRI MAHARISHI'S EARLY LIFE AND SPIRITUAL SEARCH

Mr. Varadappa Mudaliar who waited for Vijayadashami festival successfully joined his son to the school in the year 1916 when Maharishi was five years old. Unfortunately he landed up to 3<sup>rd</sup> standard only due to the poor economic situation.

In his youth Vethathiri led a very poor life and he had struggled hard in his childhood irrespective of the love and passion shared by his parents. His little brain questioned the existence of poverty. He wanted to enquire the origin of poverty and tried to eradicate it. He always willed to have economic equality and security in the society. By his seventh year he started helping his parents in weaving. The incident which made him to serve as a weaver was:

One day when he was 10 years old, it was around 12-45 p.m. He was expecting his mother to call him to have his lunch. But it didn't happen. They were living in a hut which was partitioned by a wall of 4 feet. Behind the wall there was the kitchen from where he could hear the whisper of his parents. When he just peeped in he could see his mother wipe her eyes with her sari. He could not tolerate it. Till then he had not seen his mother crying. He just entered in and asked his mother repeatedly as to why she was crying? His mother embraced him and said that, she had got him as a gift after a long time of penance but today they were unable to even give him a cup of grumble. Even his father busted out crying holding his right hand. But somehow his mother managed to give him a cup of grumble borrowing from somewhere. But Maharishi did not drink it immediately even though he was hungry. He requested his parents also to share with him. For his satisfaction they drank a spell of it and gave it to him. After this incident he started asking his parents, why there was such a state of poverty for them? But they could not explain him the circumstances; they just escaped by telling some reasons.

This made Vethathiri to investigate the civil wrongs in the social activities and motivated him to think of a life with morality for social purposes, chastity for personal purposes and charity to share the possessions equitably with the other social groups.

### Illuminated Masters:

At the age of 12, Maharishi happened to meet his first Master A. Balakrishnan aged 75 years. He initiated him in his childhood towards devotion and pure monism. Maharishi never saw the God as a stone, but he personified the God and so he asked his father to bathe the Ganesha idol with hot water. Maharishi's relationship with his Guru made his mind fully occupied by bhakti yoga a mythical lore. He was introduced to Advaita philosophy which he was unable to understand. For Maharishi, Universe was a classroom and he went about asking questions of the elite and common man alike, seeking to arrive at social and ethical truths. Maharishi always suggested accepting the truths after reasoning.

In his youth at the age of 14 he was hoping to find an illumined teacher to guide him in his Spiritual quest. Maharishi started questioning all the rituals like why salt has not been added to the adai dosa. For which he got no satisfactory answers.

The second master whom Vethathiri could find was Vaidya bhoopathi S. Krishna Rao, who taught him Ayurveda and Siddha medicine. He initiated Vethathiri to meditate in between the eyebrows and also to enquire about the Ultimate truth. Within two years he trained him completely in medical systems which helped Vethathiri to pass of the Ayurvedacharya examination conducted by the government medical council. He converted Vethathiri into a man of elegance.

The third master Vethathiri found was Paranjyothi Mahan. He was initiated for Kundalini Yoga, and the technique of Shanthi Yoga was of much benefit. This helped Maharishi to analyze the philosophy and the meditation techniques that he had already known.

### Questions raised:

By the twelfth year he started questioning the following questions:

1. What is pain and pleasure? What is their origin and end?
2. Who am I? What is life? How is life functioning in the body? Why there is disease and old age?
3. Who is God? Why did he create this world?
4. Why poverty? What is the reason for poverty? How to eradicate it? (Yenadu Vazhkai Vilakam, Third Edition- 1992, Vethathiri publications, Vethathiri maharishi, Page-16)

Though Maharishi could not get answers for all these questions from anybody, he didn't remain silent, His quest continued and by his own intuition he could understand that:

- (a) By praying god I can understand the state of God.
- (b) By doing a job which will reward good remuneration will help me to eradicate poverty.
- (c) I have to get a gnana guru through whom I can know about life and consciousness.

#### **Marital Life:**

Vethathiri got married to his sister's daughter Logammal when he was twenty three. Vethathiri had a courteous and gracious wife; sufficient income; happy life; but he was not contented with the happiness he had. What is life? Where is God? How to eradicate poverty in this world? These questions occupied in Vethathiri's mind became much stronger day by day. When Maharishi and Logammal did not have issues for a decade, he was forced for second marriage; he got wedded to a second wife, in the presence of his first wife. **The social setup is the main reason for all the difficulties and problems in life. Each and every person is entangled in the strong wheel of society setup. Vethathiri was not an exception from this.** Though Maharishi worried about his second marriage, he never failed in maintaining the moral discipline of not hurting both of them in any manner.

#### **Revelations:**

As the religious person predicted that Vethathiri would explain the Vedas to the world, Vethathiri struggled hard to know the ultimate truth, the cause for the universe and so on. This hard inner struggle led him to know the truth at around 3'O clock in the morning, **"The absolute space is the God, there is nothing else other than the absolute space beyond this universe and the five elements, the life is the association of the Akash particles"**. This made him to understand the rituals followed from time immemorial. He could explain the reasons for all the customs and rituals in a logical and scientific manner. But the explanations given by Maharishi were much different from the doctrines in the puranas, traditions and old scriptures. This dimension made him to think of the Self, Nature, Society and the cosmic law. From then he could very well understand the essence of the song "ang ing yennadapadi ....." sung during the Saturday bhajans.

Vethathiri also did some unwise actions in the state of emotion. He questioned those actions and the root cause for the emergence of such actions. He understood the greatness of women and also exclaimed that all the people on the earth are the gift of women. The society is the only source of living for all and all great people are the gift of the society. **Morality, charity and duty were the important aspects in Vethathiri's philosophy.** Vethathiri thought of the influence of the society on the Individual and advocated everyone to perform their duties without affecting each other.

He experimented with his life and living in getting the physical health, name and fame, monetary resources and knowledge. He understood that one has to combine the life of a house holder and mendicant for the benefit of the society. He resigned his position in postal audit department after a service of 23 years. He just wanted freedom for knowledge. **During his 42 year Arul jyothi Ramalingavallalar had taken the body of Vethathiri for a future action.**

### **3. BEGINNING OF A WORLD MISSION**

Vethathiri began his life's work with the founding, in 1958, **The World Community Service Centre, a service organization in Chennai, India,** where Manavalakalai yoga was taught. After a visit to this institution by the present Mysore University Vice Chancellor, he exclaimed! "I have stayed in the Hotel where the American president Barack Obama has stayed, but the spiritual calmness is great here"

If anyone should wish to enjoy a detached life, that will be possible only by the co-operation of the society and a conducive method of life. I studied the problems of the mankind to get a solution through many sleepless nights. Finally I found the answer. We must choose a pattern of life without any encumbrance and without any undue attachment with men and materials in order to live peacefully. I myself, tried for years to lead a life of detachment, but the society, family and the world taught me this thing unless the entire environment is concurrently changed, individuals' detachment becomes another problem added to all the other problems of life! With this experience and understanding, I extended and expanded my knowledge and found a complete project of world peace. Our World Community Service Centre's aim is to establish a "One -World Government" for realizing world peace. Our immediate program for the "distant world peace" is to spread the SKY system of life among the whole mankind by all means, however, without using any force.

Vethathiri has simplified the ancient science of Kundalini Yoga to the present day world. This scientific technique of **Simplified Kundalini Yoga** for God-realization, will ultimately spread in all lands, bring peace in human beings and aid all the Nations in creating harmony. He believed that the philosophy should achieve practical results for the greater well being of society. He pointed out that human choice was motivated by the emotions for happiness. Ultimate wisdom comes from knowing oneself, that by understanding “Who am I?” The more a person knows, the greater his or her ability to reason and make choices that will bring true happiness.

He thought of a society without poverty and a society with equality, security and peace. He had told that ultimate aim of the human life is to have realization of the self through the journey of consciousness and it is the pinnacle of the metamorphosis of human mind.

Vethathiri thought of a society free from ego, six temperaments, five great sins, grabbing freedom of others, violence, poverty, attracting others property and harassment of the women hood. To achieve such a society he **preached Simplified Kundalini Yoga at Aliyar near Coimbatore where Maharishi had established ‘Vethathiri Maharishi Kundalini yoga and Kayakalpa research foundation’**. His ardent desire to dedicate his life to the love and service of God thus found fulfillment. Maharishi taught the ultimate philosophy to the common people in Aliyar and rendered them the title Brahmajnani and so Maharishi was inturn given the title as **Tatvagnani**. People who completed the masters course were given the title as Arulnidhi. All the Arulnidhis named Maharishi as **Arulthanthai** for getting arul from Maharishi.

#### 4. SIGNIFICANCE OF VETHATHIRI MAHARISHI

Vethathiri’s aim was to achieve was to bring World peace. Vethathiri laid down all his principles in his own mother tongue Tamil, where by many people could understand the essence of the philosophy easily. So he was called as the **Laymans Philosopher**. He solely aimed at understanding four aspects the body, life, mind and divine. He had a ardent desire to know all these. He never depended on any literature to understand all these facts. He made all experiments on his own body and life and realized the truth from the city of universe. He did research for about 40 years on the existing yogic practices using his own body as an instrument, found the advantages and disadvantages, later he practiced all the exercises, meditation, kayakalpa etc found the benefits and then gave it to the society. Vethathiri understood the need of yoga for the modern world; with lot of concern on human community he has simplified the practice of Kundalini yoga best suitable for the modern world. Kundalini Yoga which was at once not permitted to be practiced by the women was simplified and by this he was recognized as **Yogiraj**. He preferred to be known as the world citizen. **Practitioner and a Prophet**

Vethathiri had undergone a very cruel struggle for survival, and found himself very much befitting to face the challenge. It had made him an employee, a seller, an entrepreneur. He was in the hunt of making money foe living and at the same time he is searching into the fathoms of visible and invisible in the yogic mode. He tried to make the body and mind, practice and aim to be on the same axis. He always questioned his potentiality and efficiency to live, to think, to earn, to understand, to observe, to research and to realize. It is a progression from mere biological, social and physical living to the social and cosmic realization.

He made out himself economically sufficient, and rather advanced, intellectually enquiring and spiritually advanced to understand the invisible factors behind the screen of the physical manifestations. It is a voyage from being to beyond the being. Thus he turned out more philosophical, theosophical and empirical. It is a qualitative moulding of Vethathiri a poor worker on a hand-loom to become into a Maharishi. It is a transformation from mundane social element to the al cosmic element. Thus emerged the prophet of Yoga for modern age, himself being a modern, rather, contemporary yoga philosopher.

#### Last journey of Vethathiri Maharishi:

Maharishi did a yeoman service during his life time in spreading the message of the ultimate truth. At the age of 96 , that is on 28-03-2006 Maharishi left his physical body on the earth.

#### 5. SOCIAL AND MORAL PHILOSOPHY OF VETHATHIRI MAHARISHI

The vision of Vethathiri is not complete without going through the dimensions of social and moral philosophy. The philosophy laid down by him are not only applicable to a country but to the entire world- to be prosperous. This view of him can be found in the statement: The whole world is owned by everyone born on this earth. This is the Divine law and moral justice which are in harmony with natural law.

Vethathiri had given importance to three facts in Social and Moral philosophy namely Utility, equality and chastity.

The concept of utility was famous during the nineteenth century; Jermy Bentham was the utilitarian philosopher, who aimed at “greatest happiness to the greatest number”. Bentham’s work opens with a statement of the principle of utility:

Nature has placed mankind under the governance of two sovereign masters, pain and pleasure. It is for them alone to point out what we ought to do. By the principle of utility is meant that principle which approves or disapproves of every action whatsoever according to the tendency it appears to have to augment or diminish the happiness of the party whose interest is in question: or, what is the same thing in other words to promote or to oppose that happiness. I say of every action whatsoever, and therefore not only of every action of a private individual, but of every measure of government.

This has become a watch word for Vethathiri and like Bentham Maharishi also tried removing the pain and pleasure. The path of gaining pleasure made Vethathiri to think of pain inducing factors like poverty, diseases and death. Vethathiri questioned poverty and the causes for it. He could understand that it is the imposition of the powerful minority over the weak majority in the society. At this juncture he sued for economic equality.

In order to make the economic equality he took to the theories of socialism and communism. Socialism means equality of income and nothing else” says George Bernad Shah and other Fabian socialists. Nationalization of properties is very much acceptable to socialism and Vethathiri gives different methods and plans to nationalize food, water, land, etc., He gives significance to the working groups.

So often we hear the cry- “If we want to solve the problems that confront our present society, take away his possessions and make them the property of the nation.” Vethathiri do not agree with this slogan because it is born out of anger and frustration and tantamount to political robbery. Emotional approaches can never solve man’s problems. If we want a permanent and lasting solution, the approach has to be intellectual, rational and spiritual. That is why Vethathiri says “Make man himself the property of the nation and there will be an end to all problems.” This has always been the core and essence of the teaching of Vethathiri Maharishi.

The crave for the abolition of capital punishment in the judiciary, glorification of women, equal rights for women, opting for chastity for both the genders is the moral dimension of Vethathiri. Vethathiri’s way of life and the difficulties he faced in his life changed the perspective he had on the society. The generation gap plays a major role in the society. Vethathiri was also not an exception from this. Survival, identity, opportunity, status and power are the five factors which were very much dominating in the human activity even in the social and spiritual sector. Vethathiri too struggled for survival and identity coming out from the clutches of poverty, tried to have an identity of his own and tried to utilize all the opportunities provided by nature and gradually developed his status and power as Yogiraj and Tatvagnani.

As a promoter of Simplified Kundalini Yoga Vethathiri is a rare figure but a man to toil with the society and self and challenges posed and faced he too is one in history. But the significance of Vethathiri can be found in the place given to chastity what he calls as the “pinnacle of the conduct of man”. Vethathiri has no religious philosophy except certain theological inclinations carved out due to the cult of reason what he had followed.

For Vethathiri life means yoga and yoga means harmony. He believed and accepted Yoga and kept aside all arguments against yoga because the nature had opened the window of the creation through the system of yoga only. Assuming a moral duty to promote happiness, peace and bliss to one and all, he had scaled the social events also on the Divine scale only. According to Vethathiri the realization of the Divine state should be the goal of the life and the rest are all auxiliaries for him. But he had given significance to Karma yoga, which is the key for the moral philosophy of Vethathiri.

## 6. VETHATHIRI MAHARISHI’S LOGICAL SOLUTIONS FOR THE PROBLEMS OF THE HUMANITY

A wise man can quickly realize all the problems of life of mankind and find out ways and means to overcome the difficulties. But as each sufferer is linked with the sensations of natural and artificial needs, and the deeds and notions of each are formed by age long habits and environmental conditions, it will take its own time for reformation of life for many generations. Therefore, men of wisdom spend most of their valuable time in speaking and writing for future generations. Only such graceful works are guiding and reforming the society gradually in spite of all mischief’s created by the selfish power hunting, stubborn, ignorant and innocent people.

When man realizes the greatness of his own self, he reaches the highest peak of humanity for respecting the needs and ambitions of others with due regard. Such perfection only will secure and maintain peace within self, between individuals and between nations. There, all the problems of life of mankind will be solved. Therefore, all deserving men should realize self in time. This is the absolute need for the world in these days of scientific advancement. The question “Who am I” arising in once mind indicates that he deserves self realization. This can be attained only by proper guidance.

The problems identified by Maharishi and the solutions suggested by him are as given below:

**Problem No: 1 Ignorance of Nature; its invisible powers and order of function from infinitesimal energy particle up to the greatest masses.**

Solution: Man has to know and respect the invisible powers of Nature, so that he will not wrongly deal with his fellow beings and materials. Such realization is possible by two parallel methods: 1) Psychic practice to meditate on one's own mental wave, which results in lowering of mental frequency to reach the pure, still state, and 2) Scientific education about the Unified force and its evolutionary process from the infinitesimal energy particle up to the Human being.

**Problem No: 2 Confusion about God, the Almighty, its existence and power**

Solution: The tool for research and realization of Truth is the invisible principle, the mind. This can be learned only from those who have had previous experience. When realizing the existence of the Almighty, god, and universal evolution and functions one will clearly understand the three inclusive mystic principles: God, energy particle and magnetism. This is the logical solution for the confusion about Almighty, God its existence and power.

**Problem No: 3 Ignorance of Human Physical and psychic functions and values; Nature of pain and pleasure, their true causes, Nature of the mind and its mystic as well as peripheral capabilities**

This problem can be easily solved if some of the medical scientist learn the working order of bio-magnetism in the living being, particularly in the Human system. Bio magnetism is the divine energy which maintains the entire physical and mental system of every kind of organism. It is an automatically self charging power in ever living being, from the smallest virus to human beings.

**Problem No: 4 Lack of respect for others, due to ignorance of the nature and value of Human life**

Philosophy of psychology, together with a practice of meditation to lower the frequency of mind should be made available to all adults. Then only each person will sincerely begin to respect every person and living being, and will not harm but help in all possible ways as a sacred duty of life. This is the logical solution to remedy the present lack of respect for others which is based on ignorance of the greatness and value of all life.

**Problem No: 5 Use and desire for unnecessary articles, activities and rituals**

A great amount of funds and energy are being wasted in various sports activities Religious festivals, cinema, use of alcohol, manufacture of intoxicating drugs, gambling, unnecessary rituals in marriage, lottery etc., In addition to such losses the same unnecessary activities are causing damage to health to health and disturb the harmony and friendship by developing mental conflicts and health hazards. They generally drain the resources of the poor and middle class, encouraging unrealistic fantasies of easy profits. These should be banned in the interests of the people. Moralization of Desires and reformation of existing rituals is the only solution for these.

**Problem No: 6 Economic Disparities**

Economics is the harmony and balance between the natural providence and feelings of man. It is an illusion that money is the main or only factor of economics. Really, money is a token of labor. The economic problem does not lie with any materials or facilities or in the monetary system, but is due to holding illusionary and conditioned concepts, resulting in actions done habitually, without due regard and sincere concern for the eventual result.

**Problem No: 7 Political Disturbances and corruption**

It is not easy to change the political morality, the whole set up of the human society should be studied planned and changed. This project should begin from childrearing and extend through reform in the educational system. Each person should grow up to be creative and dutiful to the society, with self confidence and courage. Let us begin a reformation project as per the guidelines” Stop, think, plan and proceed”. It is the duty of humanitarian philosophers and Scientist to explain the natural facts and guide the people showing a new and reformed way of life. Social change is imperative to ensure the very existence of human life which is threatened by serious problems from several angles.

**Problem No: 8 Religious intolerance due to lack of Realization of Truth**

An international conclave of eminent religious leaders, common scientist and intellectuals can be formed to jointly research into the essentials of religion and establish some common international precepts to eradicate the problem of intolerance. In this way a great change can be accomplished

When the joint council of such thinkers declares the truth of nature, The thinkers of all religions will desists from struggling with one another and One world religion may come into being. Unless and until the concept of the primordial almighty Supreme Being is clarified the Universe and its evolution through the energy particle and magnetism will remain hidden from all.

**Problem No: 9 Fallacious beliefs about the Nature of the soul and its state before birth and after death.**

By ignorance or neglect of the greatness of soul, which is his great potential, man is wasting all the prosperity and ecstasy of life, focusing his vast potential for knowledge only on petty things and emotional moods. Therefore, I emphasize that knowledge about the soul should be made available to all people through the educational institutions.

**Problem No: 10 Neglect of the greatness of womanhood, plant life and labour**

Every individual of mankind is of dual nature, a combined form of male and female. There is no appearance of male without female and no female without male. Each one is entwined with other as a natural order of providence. By understanding this one may think that both the sexes are to be considered as equal. Of course, both are of same species according to evolution. However, the female is to be regarded with more respect for the reasons given below:

1. Nature has brought everything in the universe directly by its own evolutionary process. But the noble job of producing the human beings is entrusted only with women. The woman's physical body is designed accordingly to facilitate such an intricate job. In this process the womanhood is next to the divine principle, God.
2. All people of the whole world are conceived and given birth only by women.
3. The noblest qualities such as love, compassion and sacrifice of self for others are greater with women than men.

When comparing these qualities of women with those of men, women are neither equal with men or neither superior nor inferior. Women are to be regarded as special. Unfortunately they are considered as second class citizens in all fields of life. The property is refused. Renouncing one's own daughter and giving up her, sacrificing all her rights to a male under the guise of religious custom. Utmost cruelty was the system of Sati. Act of dowry is a result of discrimination. It results in great mental torture for girls and their parents.

The values of two more aspects of Life should be remembered always with gratitude.

They are: 1. Plant life 2. Laborers

Think of plant life. Only plants supply all kinds of food for us. They are useful in various ways in the life of mankind, even for shelter and clothing. Think of also of the labourers. Just think of how many houses are built in the world for the whole population to take shelter. After building the house the labourers and masons are handing over the keys and go away without any attachment. Similarly, to produce foods and clothes for everyone millions of labourers throughout the world are toiling and sweating every day.

Every person of civilized society should be grateful to the above three and show love and compassion for their welfare.

**Problem No: 11 Proliferation of war materials and war**

Only by habit and ignorance this unnecessary and destructive activity continues in human society. Unless a common security for all countries of the world is assured by a collective central organization such as the U.N.O., the request and expectation to stop defense preparedness by individual countries would not be heeded.

For this the U.N.O., should be made a powerful world federal democratic organization representative of all countries. To make such a reformation, two changes should be initiated. One is to abolish the Veto power vested in a few mighty nations who are the major manufacturers and suppliers of all dreadful arms and ammunition to all the countries. Secondly, full authority is to be given to the U.N.O., to control and supervise all the nations of the world and also to impose appropriate punishments for any country if it transgresses the peace.

The world is one and all are living on the same earth. The sea is one. The vapour from the sea forms clouds and pours on the earth as rain. That is the water which serves the needs of all the people of the world. The air is one. We are all inhaling and exhaling the same air without discrimination. There is only one sun for the world. Let us remember the four important principles. No one has contributed to produce any of these four. Everyone is born, lives and dies in time. Where is the reason for fighting with one another for any piece of land or a country? Who is the owner of which country? Fighting started in the primitive ages because the people were ignorant and illiterate. Only by habit the concepts and deeds continue. These are to be reexamined and reformed in this age of enlightenment.

Towards this end we have to formulate a suitable method of education to develop natural love and compassion. Common security for the people of all nations, universal basic education, production facilities of required commodities and articles and employment opportunity for all adults are essential in the human society to maintain peace.

The security council of the U.N.O., should outlaw war in the world and declare that it will take care of safe guarding the borders of all nations of the world through its collective defense force. Then the people can relax in the trust that there will be no war. To bring this into reality I have given Resolutions.

**Problem No: 12 Lack of Holistic Education to understand and maintain the greatness and progress of human values**

The purpose of education is to impart an understanding and awareness of self and Nature. Nevertheless, even that knowledge accumulated so far is enough for mankind to lead a satisfactory and peaceful life if it is implemented with sincerity and awareness. All such valuable knowledge and experiences are now scattered throughout the world, hence an international effort for universal social welfare is needed to seek out and gather all such values of life.

## 7. CONCLUSION

By this study we can very well understand that it is imperative to follow the guidelines prescribed revered masters after a long time experiences. Vethathiri Maharishi's Philosophy are the solutions to the existing problems in the society. If his life and philosophy is observed and practiced by any layman and executed in the society, it will definitely lead them to a new happy prosperous life and such countries can prosper forever.

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